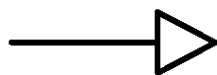





ff

Thank you for Choosing Optima Health! The temporary member ID Card for ff is attached. Please remember, that when accessing medical services to always use providers within the Optima Health Network. Please contact Member Services or use our Find a Doctor Search tool to ensure that you receive care from a network provider.



# Digital ID Card



 			
<b>CITY OF NEWPORT NEWS</b>			
<b>Sentara POS HSA</b>			
<b>Member Name:</b> TAELYN Y. GUTIERREZ <b>Member Number:</b> 1000444*02 <b>Group Number:</b> 72824 <b>Effective Date:</b> 03-01-25 <b>RxBIN:</b> 003858 <b>RxPCN:</b> A4 <b>RxGroup:</b> SHPCMML		<b>Individual / Family</b> <b>*Ded:</b> \$3,300/\$6,600 <b>OON Ded:</b> \$4,000/\$8,000 <b>MOOP:</b> \$4,000/\$8,000 <b>OON MOOP:</b> \$5,000/\$10,000 <b>Coins:</b> 0%	
<small>*This plan includes preventive care benefits not subject to the deductible. Please refer to your plan documents for details.</small>			
<b>RxDed</b> \$3300		<b>RxAD</b> 10/30/50/50	
Detailed benefit information available at <a href="http://sentarahealthplans.com">sentarahealthplans.com</a> or mobile app			

For emergency care, dial 911 or go to the nearest urgent/emergency facility.	
<b>Member Services:</b> <small>(Hearing Impaired/Virginia Relay: 711)</small>	1-800-229-1199
<b>Provider Services:</b> <small>(Including Pre-Authorization)</small>	1-800-229-5522
<b>24/7 Nurse Advice Line:</b>	1-800-394-2237
<b>Pharmacist Help Desk:</b>	1-800-922-1557
<b>Out-of-Area Provider Network:</b>	1-888-817-7427
<b>Behavioral Health Crisis:</b>	1-833-717-2310
<b>Submit paper claims to:</b>	
MEDICAL CLAIMS PO Box 8203 Kingston, NY 12402-8203	BEHAVIORAL HEALTH CLAIMS PO Box 8204 Kingston, NY 12402-8204
A POS HSA plan administered by Sentara Health Administration, Inc.	

**We improve health every day.**