

Instructions for submitting a prior authorization form in Vermont

For Health Care Providers

To submit a prior authorization form electronically in Vermont, providers must register for access to the Cigna Healthcare online prior authorization tool.

To initiate registration for the tool, send an email to PMAC@Cigna.com. Include the following information:

- Provider or facility name
- Mailing address
- Email address
- Contact's name
- Contact's phone number

If you prefer to submit a prior authorization form via fax, please send it to **866.873.8279**.

To contact the Cigna Healthcare Coverage Review team, please call the phone number listed on the back of the customer's Cigna Healthcare ID card or **800.Cigna24 (800.244.6224)**.



All Cigna Healthcare products and services are provided exclusively by or through operating subsidiaries of The Cigna Group, including Cigna Health and Life Insurance Company (CHLIC), Connecticut General Life Insurance Company, Evernorth Behavioral Health, Inc., Evernorth Care Solutions, Inc., Express Scripts, Inc., or their affiliates.


 Pre-Service ☐
 Post-Service ☐

 Elective ☐
 Non-Elective ☐

 Urgent ☐
 Non-Urgent ☐

Uniform Medical Prior Authorization Form

Important: Please read your insurer's (for individuals with commercial insurance) or Vermont Medicaid's (for Medicaid beneficiaries) specific instructions for completing this form.

Patient/Member Information (* Required Field)

*First Name Robert Middle Initial J *Last Name Williams
 *Health Insurance ID# CIG456789012 *DOB 1960-12-05 Gender Identity Male
 *Address 1456 Elm Street Apt.#

*City Charleston *State WV *Zip 25301 *Tel. (555) 345-6789

Referring/Requesting Provider Information (* Required)

Rendering/Attending Provider Information (* Required)

*First Name Amanda *Last Name Foster *First Name *Last Name
 *NPI/TIN# 3456789012 *Specialty Cardiothoracic *NPI/TIN# 4567890123 *Specialty
 *Address 3200 MacCorkle Ave SE, Charleston, Suite *Address 501 Morris St, Charleston, Suite
 *City *State *City *State
 *Tel. (555) 654-3210 Fax# (555) 654- *Tel. (555) 388-7000 Fax#

*Office Contact/Person Completing Form

*Telephone No. Fax No.

Required Clinical Information (* Required Field)

*Date of Request 2024-11-05 *Is this request for Out-of-Network Services? Y ☐ N ☐

*Type of Service Requested (check all that apply)

Services:

Medical Admit ☐
 Mental Health/SUD ☐
 Oncology ☐
 Acupuncture ☐

Obstetrics ☐

Immunotherapy Treatment ☐
 Surgery (including Oral Surgery) ☒
 Transplant ☐
 Chiropractic ☐

Therapies:

Occupational Therapy ☐
 Physical Therapy ☐
 Speech Therapy ☐
 Applied Behavior Analysis ☐

Testing/Imaging:

Diagnostic Imaging ☐
 Diagnostic Medical Test ☐

Other:

DME ☐ SNF ☐ Home Health ☐ Vision/Glasses ☐
 Home Infusion ☐ Other (please specify) ☐

*Date Diagnosed:

*Place of Service: Telehealth/Audio Only ☐
 Inpatient ☒ Outpatient ☐ Office ☐ Other (please specify) ☐

*Proposed Dates of Service: From 2024-12-15
 To 2024-12-22

*Facility Where Service Will be Performed:

*Proposed Number of Inpatient Treatment Days 5-7 days

*Proposed Number of Outpatient Treatment Visits

*Primary Diagnosis Severe aortic stenosis with heart failure

*Primary Diagnosis Code I35.0

*Secondary Diagnosis Coronary artery disease, three vessel

*Secondary Diagnosis Code I25.10

*Name of Proposed Procedure Aortic Valve Replacement with Coronary Artery Bypass Surgery

*CPT/HCPCS or Revenue Code

*Requested Durable Medical Equipment (DME)

*DME CPT/HCPCS Code

*DME Duration

*DME Purchase Price \$

*DME Monthly Rental Price \$

Additional Clinical Information Attached: ☒ No. of pages:



Teleneurology report

Date: [REDACTED]

Referring veterinary surgeon: [REDACTED]

Hospital: [REDACTED]

Email address: [REDACTED]

Patient name and surname: [REDACTED]

Species (canine/feline): Feline

Breed: Himalayan

Age: 7

Sex: FN

Body areas scanned and charged: Brain, cervical spine

Service required: Standard 1-3 days

Relevant clinical history, clinical findings and diagnostic test results:

Seizures since July 2019. Frequency increasing. Episodes start after biting tail. On Pexion 50mg am - 100 mg pm. Keppra 20mg/Kg bid.

Report

Thank you for submitting this MR study of the brain and cervical spinal cord on [REDACTED].

Main findings

There are a number of abnormalities on this study:

- Dilation of the left lateral ventricle (image 1)
- Reduction of the skull length with the chonchal bones being pushed toward the cranial cavity and compression of the frontal lobe (image 2)
- Large supracollicular fluid accumulation causing rostral displacement and compression of the occipital lobes and caudoventral displacement and severe compression of the cerebellum (image 2 – green arrow)
- Herniation of the caudo-ventral cerebellar vermis through the foramen magnum (image 3 - blue and purple arrow)
- Severe syringomyelia extending the whole length of the cervical spinal cord and particularly marked between C2 and C5 where the syrinx width occupies up to 80% of the vertebral canal diameter (image 4)
- Enlargement of the vertebral canal diameter at C2 (image 2 – orange arrow)
- Suspected atlanto-occipital overlap with the cranial margin of the arch of the atlas displaced cranial to the foramen magnum (image 2 – yellow arrow)

Conclusion & recommendations

The above findings represent a feline form of craniosynostosis (abnormal growth of the skull) and have been reported in Peke-face Persian phenotype who suffer from high grade brachycephaly. The reported clinical signs are likely related to severe syringomyelia as seen in CKCS with Chiari-like malformation and syringomyelia. Considering the severity of the congenital/developmental skull and brain abnormalities, the prognosis to achieve remission of the presenting signs here is guarded. There is also a non-negligible possibility here of progression of neurological signs with progressive ataxia and tetraparesis. I would suggest trying in the first place [REDACTED] on oral prednisolone 0.5 mg/kg twice daily for

an initial 2 weeks period in combination with oral gabapentin 10-15 mg/kg twice daily as neuropathic pain killer. I would suggest slowly taking [REDACTED] off pexion by reducing to 50 mg twice daily for 5 days then 50 mg once daily (AM) for 5 days then stop as well as doing the same with levetiracetam over a 10-day period as well. In case of failure to respond to oral prednisolone and gabapentin after 12 days, we can look at other treatment options however in view of the severity of the imaging findings, I would be concerned it may be difficult achieving good results with medical management. Surgery (placement of a shunt in the supracollicular fluid accumulation) would be the next step in case of failure of medical management with I am afraid an uncertain prognosis here in view of the severity of the syringomyelia. Please let me know how [REDACTED] is doing 12 days after starting the above treatment regimen.

I hope this report is helpful. Do not hesitate to contact me if I can be of any further help.

Best regards

Laurent Garosi
DVM, FRCVS, Dip ECVN
RCVS & EBVS® European Specialist in Veterinary Neurology



Image 1 – Trv T2W (left) and T1Wc (right) thalamus



Image 2 – Sag T2W brain and neck (left) and Trv T2W caudal fossa (right)



Image 3 – Trv T2W (left) and T1Wc (right) foramen magnum



Image 4 – Dors T2W brain and cranial cervical (left) and Trv T2W C2 (right)