



Patient: Herks Viols (04/27/1994 - 31y), Male
 Address: Mountainview Dr Boardman, OR 97818
 Phone: (402) 456-5432
 Seen On: 12/16/2025

Seen At: DoseSpotClinic
 Address: 123 N Main St str 2
 Brooklyn, MI 49230
 Phone: (956) 825-0925
 Fax: (332) 241-0212
 Provider:

Chief Complaint

Asthma

Source: Self

Vitals

Vitals:

Air Source: Room Air

Set 1:

History of Present Illness

No history of present illness data entered

PAST MEDICAL HISTORY

Allergies

No allergies entered

Medication

No medications entered
 36RK
 406 SMART DRIVE
 CAYTON, AL 36016
 Phone: (412) 370-4500
 Fax: (412) 980-4567

Immunization

No immunizations entered

Surgical History

No surgical history entered

Medical Condition

No past medical history entered

Preventative Med Notes

No preventativeMedNotes entered



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Provider:

Social History

No social history entered

Family History

No family history entered

Review of Systems

No review of systems data entered

Exam

No examination data entered

Orders & Procedures

Status: In Progress

Procedure: 16 Universal Basic Knee Splint

Category: Procedure

Lab Requests:

BRUICE BASIC FEMALE

Assessment/Plan

No assessment plan entered

External Orders:

Order File: Herks Viols Order to TestingLab Facility 12/16/2025.pdf

Result: BRUICE BASIC FEMALE

Prescription

Signature

Addendums

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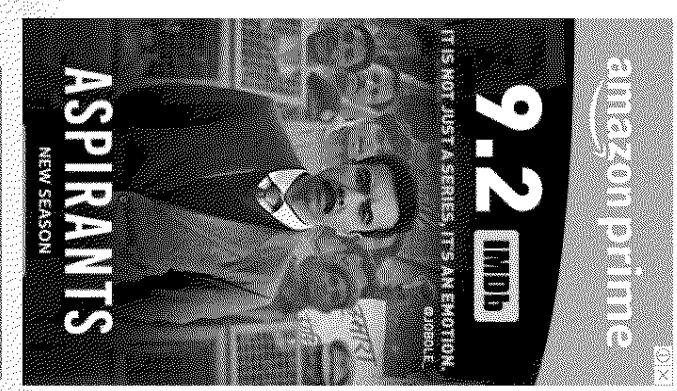
Forbes HEALTH

Different levels of heart rate might reflect certain medical conditions, says Dr. Inanum. However, it doesn't always necessarily mean there's something going on. And that's why heart rate is important—because it can be a hint to at least consider exploring those possibilities."

Normal Resting Heart Rate Chart By Age

Normal heart rate varies, according to your age. Below is the normal heart rate by age, according to the National Institutes of Health.

AGE	NORMAL RESTING HEART RATE
Newborns ages 0 to 1 month	70 to 190 bpm
Infants 1 to 11 months old	80 to 160 bpm
Children 1 to 2 years old	80 to 130 bpm
Children 3 to 4 years old	80 to 120 bpm
Children 5 to 6 years old	75 to 115 bpm
Children 7 to 9 years old	70 to 110 bpm
Children 10 years and older and adults (including seniors)	60 to 100 bpm
Athletes in top condition	40 to 60 bpm



ASPIRANTS
NEW SEASON

