



Patient: Herks Viols (04/27/1994 - 31y), Male  
Address: Mountainview Dr Boardman, OR 97818  
Phone: (402) 456-5432  
Seen On: 12/16/2025

Seen At: DoseSpotClinic  
Address: 123 N Main St str 2  
Brooklyn, MI 49230  
Phone: (956) 825-0925  
Fax: (332) 241-0212  
Provider:

## Chief Complaint

Asthma  
Source: Self

## Vitals

Vitals:  
Air Source: Room Air

Set 1:

## History of Present Illness

No history of present illness data entered

## PAST MEDICAL HISTORY

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### Allergies

No allergies entered

### Medication

No medications entered  
36RK  
406 SMART DRIVE  
CAYTON, AL 36016  
Phone: (412) 370-4500  
Fax: (412) 980-4567

### Immunization

No immunizations entered

### Surgical History

No surgical history entered

### Medical Condition

No past medical history entered

### Preventative Med Notes

No preventativeMedNotes entered



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### Social History

No social history entered

### Family History

No family history entered

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### Review of Systems

No review of systems data entered

### Exam

No examination data entered

### Orders & Procedures

Status: In Progress  
Procedure: 16 Universal Basic Knee Splint  
Category: Procedure

Lab Requests:  
BRUICE BASIC FEMALE

### Assessment/Plan

No assessment plan entered

External Orders:  
Order File: Herks Viols Order to TestingLab Facility 12/16/2025.pdf  
Result: BRUICE BASIC FEMALE

### Prescription

### Signature

### Addendums

## Forbes HEALTH

Different levels of heart rate might reflect certain medical conditions, says Dr. Mahan. However, it doesn't always necessarily mean there's something going on. And that's why heart rate is important—because it can be a hint to at least consider exploring those possibilities.”

### Normal Resting Heart Rate Chart By Age

Normal heart rate varies, according to your age. Below is the normal heart rate by age, according to the National Institutes of Health.

AGE	NORMAL RESTING HEART RATE
Newborns ages 0 to 1 month	70 to 180 bpm
Infants 1 to 11 months old	80 to 160 bpm
Children 1 to 2 years old	80 to 130 bpm
Children 3 to 4 years old	80 to 120 bpm
Children 5 to 6 years old	75 to 115 bpm
Children 7 to 9 years old	70 to 110 bpm
Children 10 years and older and adults (including seniors)	60 to 100 bpm
Athletes in top condition	40 to 60 bpm

