



RK360® Democratizing Healthcare™

## HIPAA Request for Access to My Health Information

Tracking #: 299

To: TUCKERMAN, MYRA BETH; NPI #:  
1831184381

Fax: +19725329272

Sent: Feb 06, 2026 08:39 GMT-07:00

From: Chris Howe-Jones

For: New Patient; Chris Howe-Jones; Apr 02, 1965

CC: Chris Howe-Jones; chowe-jones@redkangaroo.us

I administer an RK360 Cloud Health Record for myself. I ask that you upload to that RK360 Cloud Health Record all results of telehealth and onsite visits, during all years, with me, without delay, per HIPAA and 21<sup>st</sup> Century Cures Act (<https://www.healthit.gov/curesrule/>). If I have confirmed your previous upload of files to this RK360 Record, you need not upload these files again.

Please copy this secure, time-limited link to your web browser <http://localhost:8080/BAlg380a> After identity authentication, within 48 hours after this message was sent, you may:

- Access photo, ID, and health insurance cards for record-matching purposes.
- View and download my HIPAA Request for Access to Health Information.
- Upload all results of telehealth and onsite visits with you and your business associates, during all years up to the above date (including but not limited to care plans, discharge summaries, encounter notes, lab results, radiology imaging reports, referral notes, vaccination certificates, and X-rays). If I have confirmed your previous upload of files, you need not upload these files again.

You will receive confirmation from me, via RK360, of timely request fulfillment without record-matching errors.

Thank you,

Chris Howe-Jones

*360HealthTech, Inc. ("360") [www.rk360.health](http://www.rk360.health) certifies that the above-named Record Administrator on behalf of the physician named Connor in name of [www.rk360.health](http://www.rk360.health) has committed to and has committed to transmit this message. You may access [www.rk360.health](http://www.rk360.health) to confirm this message using the tracking link above to authenticate identity.*

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